



Welcome to our World.

A New Perception in the sport of
Professional Cheerleading & Dance.

Brought to you by



The company that takes it
"to the next level".

Usable choreography,
knowledgeable staff,
industry-leading guest instructors.....
you'll get it all at P. R. O....

Need a time-out dance?
We've got you covered.

A sideline routine?

Done.

Pom, funk, jazz....

You'll get it all.

It's not the name that counts...

it's the choreography.

Usable, crowd entertaining choreography
for your professional team taught by the actual
Directors and Choreographers of the Pro's.

This is not your typical sideline standard...

2005 P.R.O. Dance Instructors



Alto Gary

Currently Choreographer
and coach of the
NFL Houston Texans
Cheerleaders. Former
Choreographer of
NBA Charlotte Hornets
and WCW Nitro Girls



Brandii McCoy

Former Choreographer and
Coach of the AFL Carolina
Cobras, WNBA Charlotte
Sting and ABA Carolina
Thunder



RaShawn Lee

Currently Choreographer of
the NBA Charlotte Bobcats.
Former Choreographer of
Debreceni Vaskakask
Dancers of the Hungarian
Eurobasket League



Chato Waters

Currently Choreographer of
the NFL Atlanta Falcons



Stephanie J. Davis

Currently Choreographer on
the NFL Washington Redskins
Cheerleaders. Former
Choreographer of the
NBA Washington Wizards
Dancers, Choreographed
music videos for Master P.



Donald Wells

Currently Director of the
NFL Washington Redskins
Cheerleaders, Former NBA
Washington Bullets
Choreographer



Tracy Rutledge

Currently Choreographer of
the AFL2 South Georgia
Wildcats. Former NBA
Atlanta Hawks and Assistant
Choreographer of
WCW Nitro Girls



DJ Johnson

Former Choreographer of
the NBA Atlanta Hawks

And more...

SATURDAY

SUNDAY

3 ROUTINES DURING 1 SESSION

9-11:00AM	Registration	9:00AM	Good Morning!
11:00AM	Intro/Warm-up	9:10AM	Warm-up
11:35AM	Routine 1	9:35AM	Routine 5
1:00PM	Routine 2	11:05AM	Routine 6
2:00PM	LUNCH	12:30PM	LUNCH
3:00PM	Routine 3	1:35PM	Routine 7
4:35PM	Routine 4	3:05PM	Routine 8
6:15PM	Review	4:45PM	Review
7:00PM	End Of Day	5:30PM	Exit Talk

P.R.O. EARLY BIRD REGISTRATION

Register before June 1

\$125.00

Regular Price

\$179.00

Price Does Not Include Hotel Accommodations

For More Info Call 1-866-303-PRO3

The
**REAL
DEAL
WORKSHOPS**

You've made it!

You're a Professional Cheerleader...

Now what?

Want to find out how to secure
your position on the team?

How to make the most of such a demanding job?
Want to hear what really makes your Director mad?

Curious to know what could
get you cut next audition?

find out here!

The Real Deal 2...

Not just a "routine" job.

www.allpro3.com